

## Hours of Operation



### Outpatient Dialysis Center

Monday, Wednesday, Friday  
6:00 a.m. - 8:30 p.m.

Tuesday, Thursday, Saturday  
6:00 a.m. - 6:00 p.m.

### Acute In-Center Unit

Monday, Wednesday, Friday  
7:30 a.m. - 8:30 p.m.

### Home Peritoneal Dialysis Department

Tuesday, Wednesday, Thursday  
8:00 a.m. - 4:00 p.m.

## Dialysis Center



**HealthAlliance**

Westchester Medical Center Health Network



0816

### The Dialysis Center

37 Albany Avenue, Kingston, N.Y. 12401  
845-334-2821

[hahv.org](http://hahv.org)



**HealthAlliance**

Westchester Medical Center Health Network

## The Dialysis Center

The Dialysis Center provides comprehensive nephrology care for adult and geriatric patients in our community. Our compassionate and friendly multi-disciplinary team includes a nephrologist, registered nurses, a registered dietitian, a licensed social worker and a transplant coordinator. The facility features 30 dedicated hemodialysis stations, and provides training and support for at-home peritoneal dialysis, as well as dietary consultations, education and psychosocial consultations.

After a nephrologist determines renal or kidney failure has occurred in a patient, a common treatment plan is dialysis. Dialysis is a process where excess waste and water is removed from the patients' blood, offsetting the function of the kidney. A correct regimen of dialysis can prevent a host of short-term problems while slowing long-term disease progression.

## In-Center Hemodialysis

This type of treatment is provided In-Center by our professional RNs, LPNs, and Technicians. It is usually done 3 times per week and takes about 3-5 hours per treatment. This is done by connecting a filter (dialyzer) to the patient's blood vessels. The blood is pumped from the body through the filter where waste products and extra fluid are removed and the blood is then returned back into the body.

## Home Peritoneal Dialysis

This kind of dialysis is carried out at home by the patient after education and guidance from our experienced staff. The peritoneal membrane is a layer of tissue that contains blood vessels that line and surround the abdominal cavity, as well as the organs below. A dialysis solution is instilled through a tube into the abdominal cavity, and is then later removed, with the membrane acting as a natural filter to remove excess waste and fluid. If there are ever questions or concerns from our patients at home, there is 24-hour on-call availability for support.

## Quick Dialysis Tips



1. Chronic Kidney Disease can lead to Kidney failure and Dialysis. The Dialysis Center provides Nutrition Education and Counseling for the patient with Chronic Kidney Disease.
2. Protect your Kidneys. Do you know what causes kidney disease and kidney failure?
3. How many hours per week does the typical dialysis patient spend at the Dialysis Center?
4. True or false. Dialysis is a death sentence.

**False.**

